COVID-19 Symptoms:

Fever (100.4 or higher) or chills Fatigue Muscle or body aches Congestion or runny nose

• Return to class when well

Cough

Headache

New loss of taste or smell

Nausea or vomiting

Shortness of breath or difficulty breathing Sore throat Diarrhea

by Health Department

when well

- STUDENTS -

One symptom? Two symptoms? Monitor symptoms Call Hospital If you develop Wear mask or face (785-243-1234)additional • Refer to COVID-19 covering symptoms Social distance instructions (on back) Return to **Get Tested?** school 72 hours after symptoms subside E-MAIL SUSAN sdudley@cloud.edu ON-CAMPUS OFF-CAMPUS • Move to isolation building Stay home • Roommates must isolate until receive Refer to Student Isolation Guidelines test results • Refer to Housing Isolation Guidelines Negative test: Positive test: Positive test: **Negative test:** • E-mail Susan • E-mail Susan • E-mail Susan • E-mail Susan • Stay in isolation Stay home until released Move back into room Return to class

Roommates stay in isolation

If you have two or more of the following COVID-19 symptoms:



Soi!	Fever (measured at 100.4 or over)		Sore throat
	Headache		Cough
2005	Chills		Shortness of breath
	General aches, pains	<u></u>	Diarrhea
2	Loss of Smell		Loss of Taste

- Self-isolate immediately
- Call the Family Care Center at 785-243-4272 Mon-Fri 8a-5p
- Identify yourself as a CCCC student and request to talk to the COVID nurse. Discuss your symptoms and you will be directed where and when to present for testing.
- Please DO NOT present to the front door of the hospital.
- If you have extreme shortness of breath, persistent pain in chest, new confusion, inability to stay awake, bluish lips or face; emergent care is needed. Please call the hospital at 785-243-1234 or 911 if you are in need of an ambulance. Inform them you have symptoms of COVID.